

# TIP:

## Trauma Informed Parenting Class

A class for parents/caregivers with children who have experienced trauma and are part of their healing process



### This 6-week course address:

- ▶ Trauma 101
- ▶ Understanding the effects of trauma
- ▶ Understanding feelings & behaviors
- ▶ Building a safe place
- ▶ Connections & healing
- ▶ Being an advocate

## SCHEDULE FOR 2025

Classes are on WEDNESDAYS from 5:30-7:30 for 6 weeks via Microsoft Teams

**January 15 - February 19** | 5:30 - 7:30pm

**August 6 - September 10** | 5:30 - 7:30pm

**February 26 - April 2** | 5:30 - 7:30pm

**September 24 - October 29** | 5:30 - 7:30pm

**April 16 - May 21** | 5:30 - 7:30pm

**\*November 11 - December 16** | 5:30 - 7:30pm  
\* TUESDAYS

Please note childcare is **NOT** provided.

### Registration:

- ▶ Fill out referral form(s)
- ▶ Fax to (616) 942-9548 ATTN: Melissa Kramer or email [COUNSELING@WEDGWOOD.ORG](mailto:COUNSELING@WEDGWOOD.ORG)
- ▶ Registration **MUST** be completed the **one week before** scheduled start date.

Slots fill fast — no late referrals will be accepted. If class is full, family will be put on the next available date.

QUESTIONS? Contact our team at (616) 942-7294 or [COUNSELING@WEDGWOOD.ORG](mailto:COUNSELING@WEDGWOOD.ORG)