

TIP:

Trauma Informed Parenting Class



A class for parents/caregivers with children who have experienced trauma and are part of their healing process



This 6-week course address:

- ▶ Trauma 101
- ▶ Understanding the effects of trauma
- ▶ Understanding feelings & behaviors
- ▶ Building a safe place
- ▶ Connections & healing
- ▶ Being an advocate

SCHEDULE FOR 2025

Classes are on WEDNESDAYS from 5:30-7:30 for 6 weeks via Microsoft Teams

January 15 - February 19 | 5:30 - 7:30pm

August 6 - September 10 | 5:30 - 7:30pm

February 26 - April 2 | 5:30 - 7:30pm

September 24 - October 29 | 5:30 - 7:30pm

April 16 - May 21 | 5:30 - 7:30pm

***November 11 - December 16** | 5:30 - 7:30pm
* TUESDAYS

Please note childcare is **NOT** provided.

Registration:

- ▶ Fill out referral form(s)
- ▶ Fax to (616) 942-9548 ATTN: Melissa Kramer or email COUNSELING@WEDGWOOD.ORG
- ▶ Registration **MUST** be completed the **one week before** scheduled start date.

Slots fill fast — no late referrals will be accepted. If class is full, family will be put on the next available date.

Commercial Insurance Accepted: ASR, Aetna/Cofinity, BCN/BCBS, Cigna, Magellan, McLaren, Molina, Priority Health. Kent Co. Medicaid Accepted | Cost dependent on individual insurance plan

QUESTIONS? Contact our team at (616) 942-7294 or COUNSELING@WEDGWOOD.ORG

 **TRANSFORMING LIVES**

For more information (616) 942-2110 • 3300 36TH Street SE, Grand Rapids, MI 49512

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